

Family information and support sessions

EDIE[™] for families and carers

Educational Dementia Immersive Experience™

EDIE gives families and carers the chance to walk in the shoes of a person with dementia and provides insight into the day to day lived experience of a person with dementia. This experience is used as part of a facilitated group support session with family carers, to enhance their knowledge of dementia and improve empathy and communication with the person living with dementia.

EDIE can assist carers to:

- develop an increased understanding of dementia across various stages
- have increased empathy for the person in their family living with dementia
- improve communication with the person living with dementia
- experience the benefits of dementia-friendly changes to the home environment
- understand how changes in communication, behaviour and environment can benefit the person living with dementia and their loved ones

By using virtual reality goggles this experience allows users to explore a moment in time for Edie, who has a diagnosis of dementia. You will face the difficulties experienced by Edie as he undertakes simple activities of daily living.

Suitable for: Carers and family members who want to gain a greater understanding of what it is like for a person who is living with dementia.



Session date and time:

Venue:

BOOKINGS ESSENTIAL

Contact Sandra Kay EDIE for Carers Project Officer Sandra.Kay@dementia.org.au or call 0429 567 481



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